ACCELERATED Inc.

5th Edition *March 2014*

TRUCKS "R" US

A WORD FROM THE PRESIDENT

Accelerated's most critical resource is its employees. Safety of our own employees, as well as the people that surround us, must be a top priority. Accelerated has invested in a FT Safety Division, in order to strengthen and focus on this area. In the past, it may seem that the phrase "Out of Sight, Out of Mind" has been the case for safety, however, with the addition of our Safety Director, we look forward to changing that mentality at Accelerated. We value each of our employees and hope you see the results of our new investment in this division. Safety should always be at the front of everyone's mind!

Brook Pearse

SAFETY

The Federal Motor Carrier Safety Administration recently amended its regulations to extend the rule that requires drivers to carry their medical certificate on the road with them, and make them available during roadside inspections. This rule was extended until January 30, 2015. This extension was issued because some states have not yet integrated the medical certificate into the Commercial Driver's License System. As a result, drivers will still be required to make notification to the state of license agency and provide them a copy and the appropriate certification of any new medical certificate received after January 30, 2012. Drivers should also confirm that the information was received and posted on their CDL.

What does this all mean? DRIVERS- YOU are responsible for carrying your medical card AT ALL TIMES, and keeping it CURRENT.

SHOUT OUT

We want to give a shout out to those terminals who have been directly affected by all the Winter Storms.

ATL, CLT, IND, ORD, RDU

THANK YOU for getting us through the difficult weather conditions while still maintaining a positive work environment and excellent customer service!

Our customers were very satisfied with how Accelerated handled the delays.

Thanks for each of your efforts to get through this storm successfully!
Spring is just around the corner!

REMINDERS

ST. Patrick's Day – March, 17th 2014

Last day to file Taxes- April 15th 2014

WELCOME TO OUR TEAM

Accelerated would like to welcome and introduce **Gary Chapo** our new Safety Director. Gary has a background in transportation and safety, and many years' experience with Delta airlines and MIL training. Gary will be based in our ATL office, and has spent the beginning of February training in Corporate.

Over the next few weeks, he will be working together with Corporate on plans as to how we will continue our path of becoming a safer and more compliant company. His primary responsibility will be to help build a stronger Compliance program for our drivers, as well as a complete overhaul on our Safety program. He will ensure that our company is meeting all OSHA & DOT rules and regulations and doing regular site visits to each terminal. During his visits he will review logs, trip reports, trailer reports, vehicles, SOP's, training, cleanliness, etc to ensure that we are following safe practices. Our goal is to decrease vehicle accidents, forklift accidents, and decrease our exposure to preventable accidents and educate us to see potential hazards before they occur.

He will be sending out pertinent information that every employee will be expected to take seriously. Gary will be working with Corporate to make sure that all stations are compliant and working to become a better station. ACC will continue utilizing Decision Driving, Sentry Training, M.O.S.T & S.O.S., among other material, to better inform all employees.

SAFETY FIRST

February 2014 Report
Workers Comp. Incidents – 0
Drivers Accidents – 1

Hello from our Memphis team! From Left Right: Jeremy Ramsey, Kenwith Scott, Marlon Cummings, Michael Childres, Tatiana Johnson, Shaleeta Chatman, Kristy Smith.

MONTHLY MOTIVATION

Over the next 3 issues we will be discussing the **Path to Success** and how YOU can create your own succession plan.

Just like anything you must put the work and effort in to be successful at anything. It is time to take responsibility for myself and act now.

By following the below traits you are assured to start the path of your dreams and success.

4. Never Stop Learning
Get more training and ask for any help you may need.
*Being a lifelong learner would benefit us all and is something we should instill in our kids.

5. Be Persistent & Work Hard
*Success is a marathon, not a sprint. Never give up

6. Learn to Analyze Details
Get all the facts, all the input.
*Learn from your mistakes

7. Focus your Time
Do not let other people or things distract you.
Stay away from negative people
*Remain laser focused and surround yourself with positive people.

RIDDLE ME THIS

You have three stoves: a gas stove, a wood stove, and a coal stove, but only one match. Which should you light first?

SAFER SCORE:

This is **mandated** by the **Federal Motor Carrier Safety** Association (FMCSA) and scores our company by using a **Safety Measurement System** (SMS).

The SMS uses the information gathered from roadside inspections, including all safety-based violations, state-reported crashes, and the Federal motor carrier census to quantify performance in the following Behavior Analysis & Safety Improvement Categories (BASICs). Your categories are as follows:

Unsafe Driving – Last incident was on 10/28/13 (Lane Restriction Violation) Keep up the great work!

Hours of Service (HOS) **Compliance -** Last incident was on 1/14/14 (Driver's Record of Duty Status General Form (GF)

Driver Fitness* **-** Last incident was on 1/5/14 (driving a CMV on a suspended license)

Controlled Substance & Alcohol – Zero Violations

Vehicle Maintenance - Last incident was on 1/5/14

Hazardous Material - Last incident was on 11/29/13 (no Place Cards)

Crash - Last cited violation was on 11/14/13

*The asterisk denotes where ACC is below safety standards and has had too many citations in a certain category putting us over the safety threshold of a safe company.

MARCH MADNESS

March is right around the corner, and most of you know what that means - time for March Madness!

We look forward to enjoying the tournaments and the excitement of this time of year! Please cheer on your favorite team(s) over the coming weeks, but also remember to stay focused on the job at hand while you are on-duty.

Productivity should remain top-notch while you are on the job!